

# glycosade<sup>®</sup>

ACBS  GMS  PBS

## Description

### Food for special medical purposes.

Glycosade<sup>®</sup> is a hydrothermally processed high amylopectin waxy maize starch available in unflavoured and lemon varieties. Glycosade lemon contains a sweetener.

## Indications

Glycosade is for the dietary management of glycogen storage disease (GSD) where the use of a long acting starch is indicated. Glycosade unflavoured is suitable from 2 years of age. Glycosade lemon is suitable from 3 years of age.

## Dosage and Administration

To be determined by the clinician or dietitian and is dependent on the age, body weight and metabolic response of the patient. A fasting Glycosade load is recommended.

## Preparation Guidelines

To be determined by the clinician or dietitian. Glycosade can be either taken as a drink or added to food.

### Glycosade taken as a drink:



1 Add the drink option of your choice to the shaker. Your dietitian or doctor will advise you on which drink options are suitable. Typically, a sachet of Glycosade can be added to 100ml of cold water or other suitable fluids.



2 Measure the required amount of Glycosade into the shaker. For individuals requiring less than a sachet of Glycosade, adjust the quantity of fluid accordingly.



3 Close the lid tightly and shake for 10 seconds until the powder is dissolved.

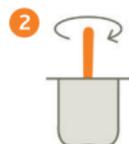


4 Glycosade is now ready to use. The product should be freshly prepared and consumed immediately.

### Glycosade taken with food:



1 Add the required amount of Glycosade to 150 - 200ml of cold food such as low sugar dairy-free yogurt. For individuals requiring less than a sachet of Glycosade, adjust the quantity accordingly.



2 Stir well until smooth with a fork or a small whisk.



3 Consume Glycosade straight away.

## Glycosade given via a tube feed

Glycosade may also be given through a feeding tube. Administer as a bolus to prevent possible tube blockage.



1 Add water to the required amount of Glycosade. Use 100ml of water per sachet of Glycosade. Mix well.



2 Once mixed, administer the Glycosade via the feeding tube straight away as a bolus.



3 Flush the feeding tube with water before and after giving Glycosade.

**Do not heat or warm Glycosade as this destroys the properties of the starch.**

### IMPORTANT NOTICE

Must only be used in individuals with proven hepatic GSD, where the use of a long-acting starch is indicated, under strict medical supervision.

Not for use as a sole source of nutrition.

Glycosade unflavoured is suitable from 2 years of age onwards.

Glycosade lemon is suitable from 3 years of age onwards.

For enteral use only.

### Nutritional Information

		per 100g	per 60g sachet		per 100g	per 60g sachet	
Energy	kJ	1496	901	<b>Minerals</b>			
	kcal	352	212		Sodium	mg	<200
Fat	g	0	0		mmol	<9.0	<5.0
	of which saturates	g	0				
Carbohydrate	g	88	53	<b>Osmolality:</b>			
	of which sugars	g	0		Osmolality (1 x 60g sachet +100ml water):		
Protein	g	0	0		Unflavoured = 11mOsm/kg		
Salt	g	<0.5	<0.3		Lemon = 40mOsm/kg		

## Ingredients

**Glycosade unflavoured:** High amylopectin maize starch, water.

**Glycosade lemon:** High Amylopectin Maize Starch, Water, Flavouring, Thickener (E415), Acidity Regulator (E330), Artificial Sweetener (Sucralose).

**Glycosade unflavoured** and **Glycosade lemon** are suitable for a vegan diet.

## Storage

Store in a cool dry place.

Ideally sachets should be used immediately after opening.

Any unused powder in an open sachet should be kept in an airtight container and used within 24 hours.

## Pack size/Weight

30 x 60g sachets = 1.8kg

## Sample pack

An unflavoured and lemon flavour sample pack is available for Glycosade. Each sample pack contains 3 sachets of Glycosade (unflavoured or lemon flavour depending upon the pack chosen), a shaker, a scoop and a clipper for sealing the sachet.

## Flavours

Unflavoured and Lemon



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